

NEWSLETTER

LETTER FROM THE PRINCIPAL

DEAR TROJAN PARENTS, STUDENTS, AND COMMUNITY MEMBERS,

College and Career Readiness

What is College and Career Readiness?

The ACT defines College and Career Readiness as the essential skills and knowledge students need to become ready for college and career.

ACT has determined, through extensive research, these benchmark scores for students in the 9th, 10th, and 11th grades. Please see the chart below:

ACT Subject-Area Test	Benchmark Grade 9	Benchmark Grade 10	Benchmark Grade 11
English	14	15	18
Mathematics	18	19	22
Reading	17	18	22
Science	19	20	23

These scores reflect grade level expectations and progress towards College and Career Readiness. According to ACT, the benchmarks are scores on the ACT subject-area tests that represent the level required to have a 50% chance of obtaining a B or higher or 75% chance of obtaining a C or higher in corresponding credit-bearing first year college courses.

College and Career Readiness is for all students. Whether a student decides to attend a university, community college, trade school, the military, or the workforce, specific skills are needed to compete and be successful in these individual pursuits.

Longmont High School is focusing on College and Career Readiness standards at all grade levels. The core area teachers of English, Math, Science, and Social Studies will be emphasizing these standards in a variety of ways. With the collaboration of our district curriculum and assessment office, teachers now have access to resources such as Shmoop, Schoology, and district created resources that align district standards while exposing students to ACT College and Career Standards at each grade level.

As a parent, it is important to understand the College and Career Readiness benchmark scores for each grade and monitor your student's progress towards meeting these benchmark scores. We encourage you to communicate with your student's teachers, and ask about your child's progress towards meeting these benchmark scores.

In conclusion, a student's ACT score, derived from the ACT assessment which is administered to all 11th grade students in April, not only has a great impact on a student's college options, but also indicates a student's overall preparation for post-secondary study and career success.

(Adapted from ACT College Readiness Benchmarks)

Sincerely,

Rick Olsen, Principal

Longmont High School

INSIDE THIS ISSUE:

Page 1
Mr. Olsen's Letter

Page 2
Counseling News

Page 3
Attendance Policy

Page 4
Athletics News

Page 5
Library News

Page 6
Health Clerk
News

Page 7
Yearbook News

LHS Counseling

LHS Counseling: 720-494-3907 or 303-776-6014

Registrar: Linda Westerlind: westerlind_linda@svvsd.org.

Counselors:

LR Powers (A-G): powers_luther@svvsd.org

Lea Phillips (H-Pa): phillips_jane@svvsd.org

Karen McKay (Pe-Z): holmesmckay_karen@svvsd.org

Elizabeth Fossum (9th grade): fossum_maria@svvsd.org

Deb Schmidt (College Advisor): schmidt_deborah@svvsd.org

Abby Ruble (Intervention Specialist): ruble_abigail@svvsd.org

LHS Counseling Web Site: <http://lhs.svvsd.org/academics/counseling>

College and Career Information: <https://blogs.svvsd.org/trojancollegecorner/>

College application deadlines are looming! Students should get their transcripts and letters of recommendation lined up BEFORE Thanksgiving break!

Need help applying to college? Please see our college advisor, Deb Schmidt.

Searching for scholarships? Check out the new scholarship box in the Counseling office. New scholarships are coming in everyday and are organized by the month they are due. Students can also register at www.fastweb.com to get scholarship opportunities delivered to their email inbox.

Seniors! Get ready for District Financial Aid Night on Wednesday, January 13th at 6:00pm at Skyline High School.

IMPORTANT DATES

ACT

<u>Test Date</u>	<u>Registration Deadline</u>
December 12, 2015	November 6, 2015
February 6, 2016	January 8, 2016
April 9, 2016	March 4, 2016
June 11, 2016	May 6, 2016

Register at: www.actstudent.org

SAT

<u>Test Date</u>	<u>Registration Deadline</u>
December 5, 2015	November 5, 2015
January 23, 2016	December 28, 2015
March 5, 2016	February 5, 2016
May 7, 2016	April 8, 2016
June 4, 2016	May 5, 2016

Register at: www.collegeboard.com

Attendance Policy

It is recognized that students miss school because of certain valid reasons. When this happens, only the parents/guardians should call or email the school the morning of the absence. **THE ATTENDANCE LINE IS 303-682-7385 and EMAIL IS BUTTLER_TERESA@svvsd.org.** All absences must be reported within 48 hours after returning to school. Absences not explained within two days (48 hours) after returning to school shall be recorded as unexcused absences unless unusual or extenuating circumstances exist as determined by the principal. It is also important that appointments with doctors, dentists, etc. be scheduled outside of school time when possible.

Excused Absences, Excused Tardies/Leaving Early:

- Illness (up to 3 days w/o doctor's note)
- Illness (over 3 days with doctor's note)
- Medical/dental appointment for student
- Take Your Child to Work Day
- School District sponsored events
- Religious observances
- Family emergencies/ hardship
- Absence required by a legal body or social agency (court, juvenile authorities, public health department, or police)
- Family funeral
- Funeral for a district student

Unexcused Absences:

- Sleeping In
- Parent running late/not able to get up
- Illness (over 5 days w/o doctor's note)
- Vacation without principal's prior approval
- Missing the bus/ car trouble
- Going to a parent's appointment
- No transportation
- Relatives/ friends visiting
- Care of siblings

The district may require suitable proof regarding any of the above, including written statements from medical sources.

Homework Requests

Homework requests can be made by contacting the individual teacher via e-mail. Students may access teacher's email addresses through the school's web page at <http://lhs.svvsd.org> and clicking on staff. When emailing a teacher, please put the Student's name in the subject box.

LEAVING EARLY: When students need to leave the building during the school day, thereby missing one or more class periods, students must sign out with the attendance clerk. **IF YOUR STUDENT HAS A SCHEDULED APPOINTMENT, PLEASE SEND A NOTE TO THE TEACHER ASKING PERMISSION TO LEAVE CLASS AT THE ARRANGED TIME.** The student then must take the note to the attendance clerk and complete the checkout process.

Pre-Arranged Absences: When a student is aware that he/she will be missing school for more than two consecutive days, a pre-arranged absence form must be filled out one week prior to the absence (extenuating circumstances will be taken into consideration). The student must obtain the form from the attendance clerk and first have each teacher fill out and sign it and second, take it home and have a parent read and sign it. The student then turns the completed form in to the appropriate administrator for approval. If the student is failing classes, a parent contact will be made prior to the student pre-arranged form being accepted.

School Related Pre-Arranged Absence: If it is a school-related absence, the above procedure must still be followed. The final signature must be made by the appropriate sponsor and the sponsor turns in these forms one week prior to the absence. If the student is failing classes, a parent contact will be made prior to the student pre-arranged form being accepted.

TROJAN ATHLETICS

Winter Sports Registration Instructions

Registration for Winter Sports opened October 15th, 2015. Registration in the office will take place on November 9th and 10th at lunch and after school.

Please pick up a blue Emergency Card in the Main Office. This will need to be filled out and accompany a copy of your physical to complete registration.

YOU MUST STILL BRING IN A COPY OF YOUR PHYSICAL TO KELLIE IN THE OFFICE. (Physicals are kept on file for one calendar year.)

Instructions to Register:

Go to the school athletic website: lhs-trojans.com

Click on Trojan HQ

Longmont High Athletic Registration

Winter Athletics

Choose Sport

Register

Add your child and fill in the registration: you can pay online or in the Main Office.

Hit Checkout

Hit Go to Checkout

Hit Continue

Hit Complete Order

**You must print out a copy of the receipt or save a copy to your phone to show in the Main Office.

When registration is complete, bring in your physical to the Main Office. You will still need to fill out a Contract with Kellie in the Main Office. You will need to take the blue Emergency Card and the pink Contract Sheet to your coach.

Cost per calendar year:

1st sport - \$150.00

2nd sport - \$150.00

3rd sport - \$120.00

Family Max: \$500.00

Sport Schedules can be found at lhs-trojans.com

Library News

LHS library was awarded a \$1,500 grant from the National Network of Libraries of Medicine. We will use the funds to get materials for creating public service health announcements and for hands on activities. The students will be using iMovie to create public service announcements related to teen health and fitness. Additionally, MBSA students taking the Nutrition and Wellness elective along with freshman health classes will participate in health fairs and stations using activities purchased with this grant. They will also use information from MedlinePlus (<https://www.nlm.nih.gov/medlineplus/>). MedlinePlus is the National Institutes of Health's Web site for patients and their families and friends. Here is a description of the website: “Produced by the National Library of Medicine, the world’s largest medical library, it brings you information about diseases, conditions, and wellness issues in language you can understand. MedlinePlus offers reliable, up-to-date health information, anytime, anywhere, for free.” Be sure to use MedlinePlus the next time you are looking for medical information.

Health Clerk News

This is a friendly reminder of the SVVSD policy regarding medication:

- ◆ Students are NOT allowed to carry medication unless the proper forms are on file in the Health Office. This includes Ibuprofen, cough syrup, allergy medications, etc.
- ◆ All medication must be brought to the Health Office by the parent/guardian.
- ◆ Medication needs to be in a sealed box/bottle.
- ◆ A Permission for Medication Form must be filled out by the parent/guardian and doctor.

If your child has a medical condition including asthma, diabetes, severe allergy or seizure disorder, an Individual Health Plan needs to be filled out by their doctor. All IHPs will be distributed to your child's teacher to help assist and protect your child.

To obtain these forms or if you have any question please contact Laura Gilchrist, Health Clerk, at LHS by calling 303-776-6014 or email gilchrist_laura@svvsd.org.

Yearbook News

Yearbooks are now available for purchase!

There are two ways that you can purchase a yearbook:

- Fill out the order form (available on the yearbook website), and bring \$50 cash or check to the main office at Longmont High (make checks payable to Longmont High School).
- Pay for the yearbook online through your student fees account--this will allow you to use a credit card.

The yearbook is \$50, if purchased before winter break. Starting in January, 2016, the yearbook will be \$55.

Attention Senior Parents!

To submit your child's senior photo, please email it to trojanpriamYBK@gmail.com

The deadline to submit a senior photo is November 13, 2015. You will receive a confirmation email when we receive the image. The larger the file size, the better!

This year we will be collecting Senior Biographies for all seniors. This information will be printed with each student's senior photo in the yearbook and will serve as a record of the activities each senior participated in while at Longmont High.

Here is a link to fill out the Senior Biography form:

<http://tinyurl.com/trojanbio2016>

If you have any questions, please email Annie Gorenstein-Falkenberg (falkenberg_ann@svvsd.org)